



**Dementia Intensive Support Service (DISS)
provides joined-up mental health and physical
health support for people living with dementia or
suspected dementia in mid Essex**

The service offers:

- Rapid support for people who are in crisis
- Intensive support and treatment at home
 - Advice around dementia diagnosis
- Signposting to further advice and support
 - Help in accessing Social Care support

You do not need to speak with health or social care professional to refer you and self-referrals are accepted.

CALL:

01245 515 313 for advice, support and referral. Our helpline is open 8am to 8pm seven days a week.

111 option 2 outside these hours if you are concerned about mental health needs.